

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:45 AM Sunrise Sobriety (Promises) Bill W. Room (O)	6:45 AM Sunrise Sobriety (Step Study & Discussion) Bill W. Room (O)	6:45 AM Sunrise Sobriety (Speaker & Discussion) Bill W. Room (O)	6:45 AM Sunrise Sobriety (Big Book & Discussion) Bill W. Room (O)	6:45 AM Sunrise Sobriety (Grapevine) Bill W. Room (O)	6:45 AM Sunrise Sobriety (As Bill Sees It) Bill W. Room (O)	6:45 AM Sunrise Sobriety (Speaker & Discussion) Bill W. Room (O)
10:30 AM Women's Group (Step) Bill W. Room (O)	Noon Back Room Noon Group (How It Works) Bill W. Room (O)	Noon Back Room Noon Group (Step Meeting) Bill W. Room (O)	Noon Back Room Noon Group (Big Book Meeting) Bill W. Room (O)	Noon Back Room Noon Group (Slogans Meeting) Bill W. Room (O)	Noon Back Room Noon Group (Steps 3 and 11) Bill W. Room (O)	8:30 AM Saturday Morning Live Adult Children of Alcoholics Chuck O. Room (O)
1:00 PM Beginners (Topics) Bill W. Room (O)	6:00 PM Del Ray Early Bird (As Bill Sees It) Bill W. Room (C)	6:00 PM Del Ray Early Bird Group (Steps, Reading) Bill W. Room (C)	6:00 PM Del Ray Early Bird Group (Topics) Bill W. Room (C)	5:45 PM Adult Children of Alcoholics Loving Parent Workbook Chuck O. Room (O)	6:00 PM Del Ray Early Bird Group (Beginners/Steps 1,2,3) Bill W. Room (C)	9:00 AM Debtors Anonymous (Speaker) Kitty Room (O)
6:00 PM Contingent Group Bill W. Room (O)	6:00 PM Alanon Chuck O. Room (O)	7:30 PM Woodmont Group (Steps) Bill W. Room (C)	7:30 PM Celebrations (Young People) Chuck O. Room (O)	6:00 PM Del Ray Early Bird Group (Big Book Reading) Bill W. Room (O)	7:30 PM Acceptance Two-fer (AA/AI-Anon) Bill W. Room (O)	11:30 AM Principles & Promises (Steps/Traditions/Promises) Chuck O. Room (O)
6:30 PM Gamblers Anonymous Chuck O Room (O)	7:15 PM Naranon Beginners (for families of addicts) Kitty Room (O)			7:15 PM Refuge Recovery (Non AA – Hybrid Meeting) Chuck O. Room (O)	8:30 PM Acceptance Group (Chip Meeting) Chuck O. Room (O)	Noon Tools Bill W. Room (O)
6:30 PM Gam-Anon (for families of gamblers) Kitty Room (O)	7:30 PM Fifth Chapter (Big Book Reading) Bill W. Room (C)			8:00 PM Women's Alanon Kitty Room (O)		4:00 PM Meditation Meeting Chuck O. Room (O)
7:30 PM Woodmont Group (Discussion) Bill W. Room (O)				8:30 PM 12 and 12 (Steps & Traditions) Bill W. Room (C)		6:00 PM Topics Bill W. Room (O)
			All meetings are Alcoholics Anonymous (AA) unless otherwise specified. O = meeting is open to all C = meeting is for those with a desire to stop drinking			8:30 PM Celebration (Speakers Meeting) Bill W. Room (O)
Updated 1/24/2026 -- Please email any updates to this meeting schedule to delrayclub1@comcast.net						

Del Ray Club House Rules: Members and Guests of the Del Ray Club are subject to House Rules that are posted within the Clubhouse and at delrayclub.org. A few key excerpts:

- The Club is open to Members who are current with their dues between 6:30 am and 9:45 pm.
- Non-members are welcome to attend 12-step meetings and may stay on the premises 30 minutes prior to and following meetings, during the Club's open hours.
- The following is prohibited: abusive, vulgar or profane language; noisy or disruptive behavior; sleeping on the premises; the use of radios; bicycles within the building; animals or pets except for service dogs; smoking or vaping within the facility; and the use of cameras on the premises.
- Children must be supervised at all times by a parent or other adult.
- While in meetings, phones should be turned off or be in silent mode.

Personal belongings may not be left on the premises.

Contact Names, Numbers and Emails:

We also have zoom meetings.

To find the latest, visit delrayclub.org/resources/online