

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>6:45 AM</u> Sunrise Sobriety (Promises) <b>Bill W. Room</b> (O)	<u>6:45 AM</u> Sunrise Sobriety (Step Study & Discussion) <b>Bill W. Room</b> (O)	<u>6:45 AM</u> Sunrise Sobriety (Speaker & Discussion) <b>Bill W. Room</b> (O)	<u>6:45 AM</u> Sunrise Sobriety (Big Book & Discussion) <b>Bill W. Room</b> (O)	<u>6:45 AM</u> Sunrise Sobriety (Grapevine) <b>Bill W. Room</b> (O)	<u>6:45 AM</u> Sunrise Sobriety (As Bill Sees It) <b>Bill W. Room</b> (O)	<u>6:45 AM</u> Sunrise Sobriety (Speaker & Discussion) <b>Bill W. Room</b> (O)
<u>10:30 AM</u> Women's Group (Step) <b>Bill W. Room</b> (O)	<u>Noon</u> Back Room Noon Group (How It Works) <b>Bill W. Room</b> (O)	<u>Noon</u> Back Room Noon Group (Step Meeting) <b>Bill W. Room</b> (O)	<u>Noon</u> Back Room Noon Group (Big Book Meeting) <b>Bill W. Room</b> (O)	<u>Noon</u> Back Room Noon Group (Slogans Meeting) <b>Bill W. Room</b> (O)	<u>Noon</u> Back Room Noon Group (Steps 3 and 11) <b>Bill W. Room</b> (O)	<u>8:30 AM</u> Saturday Morning Live Adult Children of Alcoholics <b>Chuck O. Room</b> (O)
<u>1:00 PM</u> Beginners (Topics) <b>Bill W. Room</b> (O)	<u>6:00 PM</u> Del Ray Early Bird (As Bill Sees It) <b>Bill W. Room</b> (C)	<u>6:00 PM</u> Del Ray Early Bird Group (Steps, Reading) <b>Bill W. Room</b> (C)	<u>6:00 PM</u> Del Ray Early Bird Group (Topics) <b>Bill W. Room</b> (C)	<u>5:45 PM</u> Adult Children of Alcoholics Loving Parent Workbook <b>Chuck O. Room</b> (O)	<u>6:00 PM</u> Del Ray Early Bird Group (Beginners/Steps 1,2,3) <b>Bill W. Room</b> (C)	<u>9:00 AM</u> Debtors Anonymous (Speaker) <b>Kitty Room</b> (O)
<u>6:00 PM</u> Contingent Group <b>Bill W. Room</b> (O)	<u>6:00 PM</u> Alanon <b>Chuck O. Room</b> (O)	<u>7:30 PM</u> Woodmont Group (Steps) <b>Bill W. Room</b> (C)	<u>7:30 PM</u> Celebrations (Young People) <b>Chuck O. Room</b> (O)	<u>6:00 PM</u> Del Ray Early Bird Group (Big Book Reading) <b>Bill W. Room</b> (O)	<u>7:30 PM</u> Acceptance Two-fer (AA/Al-Anon) <b>Bill W. Room</b> (O)	<u>11:30 AM</u> Principles & Promises (Steps/Traditions/Promises) <b>Chuck O. Room</b> (O)
<u>6:30 PM</u> Gamblers Anonymous <b>Chuck O Room</b> (O)	<u>7:15 PM</u> Naranon Beginners (for families of addicts) <b>Kitty Room</b> (O)			<u>7:15 PM</u> Refuge Recovery (Non AA – Hybrid Meeting) <b>Chuck O. Room</b> (O)	<u>8:30 PM</u> Acceptance Group (Chip Meeting) <b>Chuck O. Room</b> (O)	<u>Noon</u> Tools <b>Bill W. Room</b> (O)
<u>6:30 PM</u> Gam-Anon (for families of gamblers) <b>Kitty Room</b> (O)	<u>7:30 PM</u> Fifth Chapter (Big Book Reading) <b>Bill W. Room</b> (C)			<u>8:00 PM</u> Women's Alanon Kitty Room (O)		<u>4:00 PM</u> Meditation Meeting <b>Chuck O. Room</b> (O)
<u>7:30 PM</u> Woodmont Group (Discussion) <b>Bill W. Room</b> (O)	All meetings are Alcoholics Anonymous (AA) unless otherwise specified. O = meeting is open to all C = meeting is for those with a desire to stop drinking					<u>6:00 PM</u> Topics <b>Bill W. Room</b> (O)
						<u>8:30 PM</u> 12 and 12 (Steps & Traditions) <b>Bill W. Room</b> (C)
<div>Updated 1/24/2026 -- Please email any updates to this meeting schedule to delrayclub1@comcast.net</div>						

**Del Ray Club House Rules:** Members and Guests of the Del Ray Club are subject to House Rules that are posted within the Clubhouse and at [delrayclub.org](http://delrayclub.org). A few key excerpts:

- The Club is open to Members who are current with their dues between 6:30 am and 9:45 pm.
- Non-members are welcome to attend 12-step meetings and may stay on the premises 30 minutes prior to and following meetings, during the Club's open hours.
- The following is prohibited: abusive, vulgar or profane language; noisy or disruptive behavior; sleeping on the premises; the use of radios; bicycles within the building; animals or pets except for service dogs; smoking or vaping within the facility; and the use of cameras on the premises.
- Children must be supervised at all times by a parent or other adult.
- While in meetings, phones should be turned off or be in silent mode.

**Personal belongings may not be left on the premises.**

**Contact Names, Numbers and Emails:**

---



---



---



---



---

**We also have zoom meetings.**

To find the latest, visit [delrayclub.org/resources/online](http://delrayclub.org/resources/online)