

SUNDAY

6:45 AM
Sunrise Sobriety
(Promises)
Bill W. Room (O)

10:30 AM
Women's Group
(Step)
Bill W. Room (O)

11:45 AM
Women's Big Book Study
Chuck O. Room (O)

1:00 PM
Beginners
(Topics)
Bill W. Room (O)

6:00 PM
Contingent Group
Bill W. Room (O)

6:30 PM
Gamblers Anonymous
Chuck O Room (O)

6:30 PM
Gam-Anon
(for families of gamblers)
Kitty Room (O)

8:30 PM
Woodmont Group
(Topics)
Bill W. Room (O)

MONDAY

6:45 AM
Sunrise Sobriety
(Step Study & Discussion)
Bill W. Room (O)

Noon
Back Room Noon Group
(How It Works)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird
(As Bill Sees It)
Bill W. Room (C)

6:00 PM
Alanon
Chuck O. Room (O)

7:15 PM
Naranon Beginners
(for families of addicts)
Kitty Room (O)

8:30 PM
Fifth Chapter
(Big Book Reading)
Bill W. Room (C)

All meetings are Alcoholics Anonymous (AA) unless otherwise specified.

O = meeting is open to all

C = meeting is for those with a desire to stop drinking

Updated 9/11/2025 -- Please email any updates to this meeting schedule to delrayclub1@comcast.net

TUESDAY

6:45 AM
Sunrise Sobriety
(Speaker & Discussion)
Bill W. Room (O)

Noon
Back Room Noon Group
(Step Meeting)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird Group
(Steps, Reading)
Bill W. Room (C)

7:00 PM
Dignitaries Sympathy Group
Men's AA with Crosstalk
Chuck O. Room (C)

8:30 PM
Woodmont Group
(Steps)
Bill W. Room (C)

WEDNESDAY

6:45 AM
Sunrise Sobriety
(Big Book & Discussion)
Bill W. Room (O)

Noon
Back Room Noon Group
(Big Book Meeting)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird Group
(Topics)
Bill W. Room (C)

7:30 PM
Celebrations
(Young People)
Chuck O. Room (O)

8:30 PM
Fifth Chapter
(“How it Works”)
Bill W. Room (C)

THURSDAY

6:45 AM
Sunrise Sobriety
(Grapevine)
Bill W. Room (O)

Noon
Back Room Noon Group
(Slogans Meeting)
Bill W. Room (O)

5:45 PM
Adult Children of Alcoholics
Loving Parent Workbook
Chuck O. Room (O)

6:00 PM
Del Ray Early Bird Group
(Big Book Reading)
Bill W. Room (O)

7:15 PM
Refuge Recovery
(Non AA – Hybrid Meeting)
Chuck O. Room (O)

8:00 PM
Women's Alanon
Kitty Room (O)

8:30 PM
12 and 12
(Steps & Traditions)
Bill W. Room (C)

FRIDAY

6:45 AM
Sunrise Sobriety
(As Bill Sees It)
Bill W. Room (O)

Noon
Back Room Noon Group
(Steps 3 and 11)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird Group
(Beginners/Steps 1,2,3)
Bill W. Room (C)

7:30 PM
Acceptance Two-fer
(AA/Al-Anon)
Bill W. Room (O)

8:30 PM
Acceptance Group
(Chip Meeting)
Chuck O. Room (O)

SATURDAY

6:45 AM
Sunrise Sobriety
(Speaker & Discussion)
Bill W. Room (O)

8:30 AM
Saturday Morning Live
Adult Children of Alcoholics
Chuck O. Room (O)

9:00 AM
Debtors Anonymous
(Speaker)
Kitty Room (O)

Noon
Tools
Bill W. Room (O)

Del Ray Noon Group (Tools)
Chuck O. Room (O)

4:00 PM
Meditation Meeting
Chuck O. Room (O)

6:00 PM
Topics
Bill W. Room (O)

8:30 PM
Celebration
(Speakers Meeting)
Bill W. Room (O)

Del Ray Club House Rules: Members and Guests of the Del Ray Club are subject to House Rules that are posted within the Clubhouse and at delrayclub.org. A few key excerpts:

- The Club is open to Members who are current with their dues between 6:30 am and 9:45 pm.
- Non-members are welcome to attend 12-step meetings and may stay on the premises 30 minutes prior to and following meetings, during the Club's open hours.
- The following is prohibited: abusive, vulgar or profane language; noisy or disruptive behavior; sleeping on the premises; the use of radios; bicycles within the building; animals or pets except for service dogs; smoking or vaping within the facility; and the use of cameras on the premises.
- Children must be supervised at all times by a parent or other adult.
- While in meetings, phones should be turned off or be in silent mode.

Personal belongings may not be left on the premises.

Contact Names, Numbers and Emails:

We also have numerous zoom meetings.
To find the latest, visit delrayclub.org/resources/online