

**SUNDAY**

**6:45 AM**  
Sunrise Sobriety  
(Promises)  
**Bill W. Room** (O)

**10:30 AM**  
Women’s Group  
(Step)  
**Bill W. Room** (O)

**11:45 AM**  
Women’s Big Book Study  
**Chuck O. Room** (O)

**1:00 PM**  
Beginners  
(Topics)  
**Bill W. Room** (O)

**6:00 PM**  
Contingent Group  
**Bill W. Room** (O)

**6:30 PM**  
Gamblers Anonymous  
**Chuck O Room** (O)

**6:30 PM**  
Gam-Anon  
**Kitty Room** (O)

**8:30 PM**  
Woodmont Group  
(Topics)  
**Bill W. Room** (O)

**MONDAY**

**6:45 AM**  
Sunrise Sobriety  
(Step Study & Discussion)  
**Bill W. Room** (O)

**Noon**  
Back Room Noon Group  
(How It Works)  
**Bill W. Room** (O)

**6:00 PM**  
Del Ray Early Bird  
(As Bill Sees It)  
**Bill W. Room** (C)

**6:00 PM**  
Women’s Recovery  
Book Group  
**Chuck O. Room** (O)

**7:15 PM**  
Traditions  
**Chuck O. Room** (O)

**8:30 PM**  
Fifth Chapter  
(Big Book Reading)  
**Bill W. Room** (C)

All meetings are Alcoholics Anonymous (AA) unless otherwise specified.  
O = meeting is open to all  
C = meeting is for those with a desire to stop drinking

**Updated 9/16/2023** -- Please email any updates to this meeting schedule to [delrayclub1@comcast.net](mailto:delrayclub1@comcast.net)

**TUESDAY**

**6:45 AM**  
Sunrise Sobriety  
(Speaker & Discussion)  
**Bill W. Room** (O)

**Noon**  
Back Room Noon Group  
(Step Meeting)  
**Bill W. Room** (O)

**6:00 PM**  
Del Ray Early Bird Group  
(Steps, Reading)  
**Bill W. Room** (C)

**7:00 PM**  
Dignitaries Sympathy Group  
Men’s AA with Crosstalk  
**Chuck O. Room** (C)

**8:30 PM**  
Woodmont Group  
(Steps)  
**Bill W. Room** (C)

**WEDNESDAY**

**6:45 AM**  
Sunrise Sobriety  
(Big Book & Discussion)  
**Bill W. Room** (O)

**Noon**  
Back Room Noon Group  
(Big Book Meeting)  
**Bill W. Room** (O)

**5:00 PM**  
Adult Children of Alcoholics  
**Chuck O. Room** (O)

**6:00 PM**  
Del Ray Early Bird Group  
(Topics)  
**Bill W. Room** (C)

**7:30 PM**  
Celebrations  
(Young People – YP)  
**Chuck O. Room** (O)

**8:30 PM**  
Fifth Chapter  
(“How it Works”)  
**Bill W. Room** (C)

**THURSDAY**

**6:45 AM**  
Sunrise Sobriety  
(Grapevine)  
**Bill W. Room** (O)

**Noon**  
Back Room Noon Group  
(Slogans Meeting)  
**Bill W. Room** (O)

**6:00 PM**  
Del Ray Early Bird Group  
(Big Book Reading)  
**Bill W. Room** (O)

**7:15 PM**  
Spanish Narcotics  
Anonymous  
(Hybrid Meeting)  
**Bill W. Room** (O)

Refuge Recovery  
(Non AA – Hybrid Meeting)  
**Chuck O. Room** (O)

**8:00 PM**  
Women’s Alanon  
Kitty Room (O)

**8:30 PM**  
12 and 12  
(Steps & Traditions)  
**Bill W. Room** (C)

**FRIDAY**

**6:45 AM**  
Sunrise Sobriety  
(As Bill Sees It)  
**Bill W. Room** (O)

**Noon**  
Back Room Noon Group  
(Steps 3 and 11)  
**Bill W. Room** (O)

**6:00 PM**  
Del Ray Early Bird Group  
(Beginners/Steps 1,2,3)  
**Bill W. Room** (C)

**8:30 PM**  
Acceptance Two-fer  
(AA/Al-Anon)  
**Bill W. Room** (O)

Acceptance Group  
(Chip Meeting)  
**Chuck O. Room** (O)

**SATURDAY**

**6:45 AM**  
Sunrise Sobriety  
(Speaker & Discussion)  
**Bill W. Room** (O)

**8:30 AM**  
Saturday Morning Live  
Adult Children of Alcoholics  
**Chuck O. Room** (O)

**Noon**  
Tools  
**Bill W. Room** (O)

Del Ray Noon Group (Tools)  
**Chuck O. Room** (O)

**4:00 PM**  
Meditation Meeting  
**Chuck O. Room** (O)

**6:00 PM**  
Topics  
**Bill W. Room** (O)

**8:30 PM**  
Celebration  
(Speakers Meeting)  
**Bill W. Room** (O)

**Del Ray Club House Rules:** Members and Guests of the Del Ray Club are subject to House Rules that are posted within the Clubhouse and at [delrayclub.org](http://delrayclub.org). A few key excerpts:

- Non-members are welcome to attend 12-step fellowship meetings and may be present on the premises 30 minutes prior to and following meeting. Members who are current with their dues may be on the premises at other times.
- The following is prohibited: abusive, vulgar or profane language; noisy or disruptive behavior; sleeping on the premises; the use of radios; bicycles within the building; animals or pets except for service dogs; smoking or vaping within the facility; and the use of cameras on the premises.
- Children must be supervised at all times by a parent or other adult.
- While in meetings, phones should be turned off or be in silent mode.

**Personal belongings may not be left on the premises.**

**Contact Names, Numbers and Emails:**

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**We also have numerous zoom meetings.**  
To find the latest, visit [delrayclub.org/resources/online](http://delrayclub.org/resources/online)