

SUNDAY

6:45 AM
Sunrise Sobriety
(Promises & Rewards)
Bill W. Room (O)

10:30 AM
Women's Group (Step)
Bill W. Room (O)
Women's Group (Step/Topics)
Chuck O' Room (O)

11:00 AM
Any Lengths (Child Friendly)
Kitty Room (O)

1:00 PM
Beginners (1,2,3)
Bill W. Room (O)
Beginners (Topics)
Chuck O' Room (O)

5:00 PM
Sex & Love Addicts Anon.
Chuck O' Room (C)

6:00 PM
Contingent Group
Bill W. Room (O)

6:30 PM
Gamblers Anonymous
Kitty Room (O)

7:30 PM
Solo Por Hoy (Alanon Spanish speaking)
Chuck O' Room (O)

8:30 PM
Woodmont Group (Topics)
Bill W. Room (O)

MONDAY

6:45 AM
Sunrise Sobriety
(Step Study and Discussion)
Bill W. Room (O)

Noon
Back Room Noon Group
(How It Works)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird
(As Bill Sees It)
Bill W. Room (C)

6:30 PM
Women's Recovery
Book Group
Chuck O' Room (C)

8:30 PM
Fifth Chapter
(Big Book Reading)
Bill W. Room (C)

TUESDAY

6:45 AM
Sunrise Sobriety (Speaker and Discussion)
Bill W. Room (O)

Noon
Back Room Noon Group
(Step Meeting)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird Group
(Steps, Reading)
Bill W. Room (C)

Clean Teens
(Teens with Addictions)
Chuck O' Room (O)

7:25 PM
Del Ray Promises Group
Chuck O' Room (C)

7:30 PM
Eating Disorders Anonymous
Kitty Room (C)

8:30 PM
Woodmont Group (Steps)
Bill W. Room (C)

8:30 PM
Al-Anon
Chuck O' Room (O)

WEDNESDAY

6:45 AM
Sunrise Sobriety
(Big Book Study & Discussion)
Bill W. Room (O)

Noon
Back Room Noon Group
(Step Meeting)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird Group
(Topics)
Bill W. Room (C)

8:30 PM
Fifth Chapter
("How it Works")
Bill W. Room (C)

THURSDAY

6:45 AM
Sunrise Sobriety (Grapevine/ Traditions once a month)
Bill W. Room (O)

Noon
Back Room Noon Group
(Slogans Meeting)
Bill W. Room (O)

4:40 PM
Guided Meditation Meeting
Chuck O' Room (O)

6:00 PM
Del Ray Early Bird Group
(Big Book Reading)
Bill W. Room (O)

7:15 PM
Refuge Recovery
(Non AA)
Chuck O' Room (O)

8:30 PM
12 and 12 (Steps and Traditions)
Bill W. Room (C)

FRIDAY

6:45 AM
Sunrise Sobriety
(As Bill Sees It)
Bill W. Room (O)

Sunrise Sobriety
(Back to Basics)
Chuck O' Room (O)

8:30 AM
Food Addicts Meeting
Chuck O' Room (O)

Noon
Back Room Noon Group
(Steps 3 and 11)
Bill W. Room (O)

6:00 PM
Del Ray Early Bird Group
(Beginners/Steps 1,2,3)
Bill W. Room (C)

7:00 PM
Marijuana Anonymous
Chuck O' Room (O)

7:15 PM
Creatives in Recovery
Chuck O' Room (O)

8:30 PM
Acceptance Two-fer
(AA/Al-Anon)
Bill W. Room (O)

Acceptance Group
(Chip Meeting)
Chuck O' Room (O)

SATURDAY

6:45 AM
Sunrise Sobriety
(Speaker and Discussion)
Bill W. Room (O)

8:30 AM
Adult Children of Alcoholics
(Step)
Bill W. Room (O)

Adult Children of Alcoholics
(Step)
Chuck O' Room (O)

10:15 AM
Adult Children of Alcoholics
(Workbook)
Chuck O' Room (O)

Noon
Tools
Bill W. Room (O)

Del Ray Noon Group (Tools)
Chuck O' Room (O)

4:00 PM
Meditation Meeting
Chuck O' Room (O)

6:00 PM
Topics
Bill W. Room (O)

8:30 PM
Celebration (Speakers Meeting)
Bill W. Room (O)

All meetings are Alcoholics Anonymous unless otherwise specified. O = meeting is open to all; C = AA meeting is for those with a desire to stop drinking
Please email any updates to this meeting schedule to enoone05@gmail.com

Del Ray Club House Rules: Members and Guests of the Del Ray Club are subject to House Rules that are posted within the Clubhouse and at delrayclub.org. A few key excerpts:

- Non-members are welcome to attend 12-step fellowship meetings and may be present on the premises 30 minutes prior to and following meeting. Members who are current with their dues may be on the premises at other times. The Members' Lounge is limited at all times to Members.
- The following is prohibited: abusive, vulgar or profane language; noisy or disruptive behavior; sleeping on the premises; the use of radios or television, except as authorized by the House Committee; bicycles within the building; animals or pets of any kind, except for service dogs; smoking within the facility; and the use of cameras on the premises.
- Children must at all times be supervised by a parent or other adult.
- While in meetings, phones should be turned off or be in silent mode.

Personal belongings may not be left on the premises.

Contact Names, Numbers and Emails:
